

Table Prayer on the Beatitudes

This prayer can be prayed before any meal when the family or household is gathered.

1st Reader

"When Jesus saw the crowds, he went up the mountain; and after he sat down, his disciples came to him."

Family

Jesus, help us to come to you as disciples, hanging on your every word.

2nd Reader

*"Then he began to speak, and taught them saying:
'Blessed are the poor in spirit, for theirs is the kingdom of heaven.'"*

Family

Jesus, we seek to become poor in spirit, to empty ourselves to you.

3rd Reader

"Blessed are those who mourn, for they will be comforted."

Family

Jesus, help us to recognize that you are with us in our times of sorrow and loss. In you alone will we find comfort.

4th Reader

"Blessed are the meek, for they will inherit the earth."

Family

Jesus, help us to avoid pride and vanity, and give way to one another in meekness and love.

5th Reader

"Blessed are those who hunger and thirst for righteousness, for they will be filled."

Family

Jesus, help us to take a stand for those things that matter, and for those people who have no voice.

6th Reader

"Blessed are the merciful, for they will receive mercy."

Family

Jesus, help us to reserve judgment of those different from us. Give us open hearts to truly care for all people.

7th Reader

"Blessed are the pure in heart, for they will see God."

Family

Jesus, help us to see you in each other and in our neighbor. When we see you, we know our hearts are pure.

8th Reader

"Blessed are the peacemakers, for they will be called children of God."

Family

Jesus, help us to make peace with each other, to avoid all forms of violence, and to be a model of wholesome family living.

9th Reader

"Blessed are those who are persecuted for righteousness sake, for theirs is the kingdom of heaven."

Family

Jesus, you gave your life for the sake of love. Help us to live that love even in the face of resistance.